



The Journey from Who You Are to Who You Can Be

A transformative workshop that guides teenagers through self-discovery, mastering teenage challenges, and building effective learning habits. With a focus on self-discipline, awareness, and career direction, it empowers them to design a life with purpose and clarity.



Adolescence is a pivotal phase where habits, attitudes, and skills are shaped, influencing an individual's future. Recognizing this, Pappiyon Solutions is pleased to introduce "Future Makers", a one-day transformative camp designed exclusively for teenagers.

The program is aimed at equipping students with essential life skills, emotional intelligence, and future-ready capabilities that complement academic learning and prepare them for real-life challenges.





Objectives

- To develop life skills critical for personal and academic success.
- To help students navigate teenage challenges including peer pressure, emotional regulation, and identity.
- To provide clarity on career pathways and build goal-oriented mindsets.
- To enhance study skills, memory techniques, and time management.
- To improve relationship-building and interpersonal communication.
- To foster self-discipline, resilience, and inner motivation through experiential activities.





Expected Outcomes


By the end of the camp, students will:

- Gain greater self-awareness and confidence.
- Have improved clarity on personal goals and future aspirations.
- Exhibit better emotional regulation and decision-making skills.
- Develop healthier interpersonal relationships.
- Be more motivated and disciplined in their academic and personal lives.
- Experience a mindset shift through experiential learning and motivational breakthroughs.



Key Components

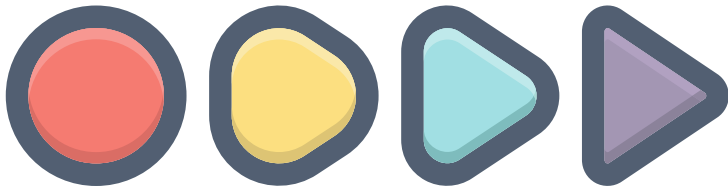
The camp is a professionally facilitated, full-day event with the following components:

- Life Skill Development
 - Teenage Psychology and Management
 - Career Planning and Future Readiness
 - Study Skills and Academic Excellence
 - Goal Setting and Vision Crafting
 - Relationship Management and Emotional Intelligence
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Transformational Activities



- Glass Walk – Overcoming fear and building confidence
- Fire Walk – Breaking through mental barriers
- Candle Meditation – Enhancing focus and inner calm
- Outbound Activities – Building leadership and team synergy
- Each of these modules is delivered using dynamic, youth-friendly, and research-backed methodologies to ensure deep impact and engagement.





Total Camp Duration: 1 Day (9am -9pm)

Target Group: Students of Classes 8,9 and 10

Step into Future Makers — where your journey of self-discovery, discipline, and purpose begins.



Pappiyon Solutions

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